



ORGANIC PEA PROTEIN

100% Plant-Based Vegan Protein Source



ORGANIC

NON-GMO

VEGAN

GLUTEN-FREE

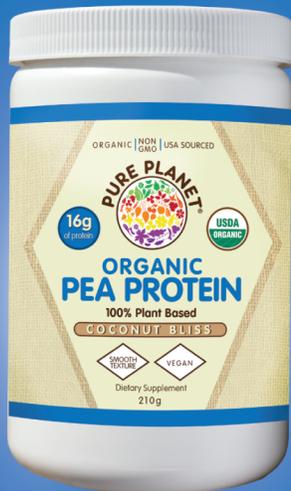
SOY-FREE

DAIRY-FREE

PALEO-FRIENDLY



VANILLA



COCONUT BLISS

Proteins are the building blocks of life. Our bodies require high-quality versions of protein to help repair cells and make new ones. Pure Planet's Organic Pea Protein gives you pure plant protein in an easy-to-mix, enzyme-supported, bioavailable, soy-free form. Unlike many other ready-to-mix proteins, Pure Planet's Organic Pea Protein is smooth (not gritty) as we do not add any binders, fillers, or preservatives. It can be used as a pre-workout or post-workout shake or simply for a daily infusion of clean, vegan, organic, non-GMO protein.

- **USDA certified organic & Non-GMO**
- **Plant-based, vegan, soy-free**
- **16 grams of protein, 80 calories, 1 gram of fat**
- **US grown, US manufactured**
- **Organic, patented, vegan enzymes**
- **Low glycemic index, low calorie, non-gritty/smooth taste profile**

Suggested use: Mix 2 scoops with water or juice or blend in a smoothie.

Vanilla Ingredients: Certified organic protein blend containing certified organic pea protein and DigeZyme (Enzyme blend), natural vanilla flavor, certified organic guar gum, certified organic arabic gum, certified organic stevia, Lo han berry extract (monk fruit).

Coconut Bliss Ingredients: Certified organic protein blend containing certified organic pea protein and DigeZyme (Enzyme blend), natural coconut flavor, certified organic guar gum, certified organic arabic gum, organic natural vanilla flavor, Lo han berry extract (monk fruit) and certified organic stevia.

Supplement Facts

Serving Size: 2 scoops (21g)

	Amount Per Serv.	%Daily Value*	Amt Per Serv.	%DV*
Calories	80			
Calories from Fat	10			
Total Fat	1g	2%	Protein	16g
Saturated Fat	0g	0%	Iron	1mg 3%
Trans Fat	0g		Certified Organic Protein Blend	19.4g †
Cholesterol	0mg	0%	Certified Organic Pea Protein	
Sodium	190mg	8%	DigeZyme (Enzyme Blend)	
Total Carbohydrate	3g	1%		

* Percent Daily Values are based on a 2,000 Calorie diet.
† Daily Values not established.



PRODUCT	SIZE	ITEM	SKU	CASE	WHOLESALE	MSRP
Organic Pea Protein Vanilla	210 gm/10 servings	87100	091401871009	12	16.17	26.95
Organic Pea Protein Coconut Bliss	210 gm/10 servings	87110	091401871108	12	16.17	26.95



Pure Planet's Pea Protein is a highly bioavailable and easily digestible protein source with enzymes that is perfect for athletes, vegans, or anyone seeking a healthy non-gmo, soy-free protein source.

Why We offer Organic Pea Protein

Organic Pea Protein is pure, non-GMO, organic, and vegan. It can be used as a pre-workout or post-workout shake or simply for a daily infusion of clean, vegan, organic protein. Unlike many other ready to mix proteins, Pure Planet's Organic Pea Protein is smooth (not gritty) as we do not add any binders, fillers or preservatives. This product gives you pure plant protein in an easy to mix, enzyme supported, useable form for energy, endurance, muscle building, and daily protein uptake requirements.

For vegans or vegetarians, or those wanting a more plant based lifestyle, you would have to consume 20-25% more legumes, nuts, and grains over the course of a day to get the needed protein. Organic Pea Protein is a perfect supplement to getting needed protein in an easily absorbable and tasty way.

We chose 16 grams of protein per serving based on what the body can actually absorb at any one time. You can increase or decrease the protein content by adjusting the scoop size. According to Men's Health magazine 10-20 grams of protein for a workout is ideal, based on body size. Consider this - if you are using protein for muscle building, you can split your dose of protein by drinking half of your protein shake 30 minutes before the workout and the other half 30 minutes after. This way you slow the protein breakdown process which speeds muscle growth after your workout.

Interesting Facts:

- Pea protein is a great source of the muscle-building amino acid, arginine. According to FoodNavigator-USA, pea protein has more arginine than other protein source.
- Pea protein contains more useable protein per serving than hemp protein.
- Protein can dull hunger and support a healthy heart and weight management.
- A 2012 nutritional analysis published in "Agro Food Industry Hi Tech" found that pea protein is nutritionally similar to casein and eggs.

- Protein helps build enzymes that allow your body to adapt to endurance sports like running and biking.

- Lo han guo is a round green fruit that is in the same family as cucumber, squash, and melons. It has also been used to alleviate constipation. The extract is nearly 300 times sweeter than sugar.

- DigeZyme is a proprietary combination of enzymes that contains amylase (starch hydrolyzing enzyme), protease (protein hydrolyzing enzyme), lipase (fat hydrolyzing enzyme), cellulase (cellulose hydrolyzing enzyme) and lactase (lactose hydrolyzing enzyme).

- Guar gum has been used to reduce diarrhea as it is a fiber that helps normalize the moisture content of stool. It may also help reduce the amount of cholesterol that stays in the blood. It may also help decrease appetite.

- Arabic gum is also known as "acacia gum" as it is a natural gum made from the sap of two Acacia trees.

History:

- Peas were used in the Middle Ages as a staple food to stave off hunger and were referenced frequently in writings from that time period.

- Lo han guo was reportedly used as far back as the 13th century by Chinese monks. It was brought to the US in the early 20th century.

Potential benefits:

- Healthy vegan source of protein
- Restored gastrointestinal enzymes
- May help with improvement in nutrient absorption
- May curb cravings and increase satiety (or the feeling of being full) without bloating.

How it is made:

Each ingredient was selected for its unique contribution to the Pea Protein formula. The pure, active, easy to digest ingredients are tested, weighed, blended, bottled, and distributed by Pure Planet directly to stores to ensure quality and freshness. All ingredients are grown in the USA and manufactured in the USA.