



# BEST OF GREENS

## When Juicing is Not an Option

### ORIGINAL FLAVOR



### SWEET LEMON FLAVOR



### TASTY GREEN APPLE FLAVOR



ORGANIC



NON-GMO



VEGAN



GLUTEN - FREE



SOY-FREE



DAIRY-FREE

**Organic Best of Greens™** is a synergistic blend of superfoods from both land and sea. Each ingredient contains valuable phyto-nutrients and was selected for its purity and potency. We recommend including Organic Best of Greens™ in your daily health regimen to make sure you are getting enough leafy greens & vegetables.

- All-in-one daily serving of organic green superfoods & dark leafy vegetables.
- High absorption, great taste, increases your energy and endurance.

- **Organic Chlorella**, rich in chlorophyll for enhanced oxygenation, & pH balancing.
- **Organic Spirulina**, a blue/green algae, contains the 8 essential amino acids.
- Supports healthy thyroid function (iodine from kelp).
- Great source of vegetarian protein for building strong, lean muscle tissue.
- Mineral-rich vegetables that are likely missing from your diet.

- Organic Cereal Grass Blend containing: 999mg**  
Organic Barley Grass Powder  
Organic Wheat Grass Powder  
Organic Oat Grass Powder
- Organic Alfalfa Leaf Juice Powder 500mg**
- Organic Vegetable Blend containing: 434mg**  
Organic Cabbage  
Organic Parsley  
Organic Kale  
Organic Broccoli  
Organic Dandelion Leaf
- Organic Algae Blend containing: 332mg**  
Organic Chlorella  
Organic Spirulina
- Organic Sea Vegetable Blend containing: 165mg**  
Organic Kelp  
Organic Dulse
- Organic Broccoli Sprout 70mg**
- \*Additional ingredients not listed

PRODUCT	SIZE	ITEM	SKU	CASE	WHOLESALE	MSRP
Best of Greens Original Unflavored	60 servings (150 g)	52703	764934527032	12	17.97	29.95
Best of Greens Sweet Lemon (Order in qty of 6 - \$1.99 ea.)	6 units / 3 servings	52706	764934527063	6	11.94	3.29 ea.
Best of Greens Sweet Lemon	30 servings (79 g)	52707	764934527070	12	14.63	24.38
Best of Greens Sweet Lemon	60 servings (158 g)	52708	764934527087	12	22.60	37.67
Best of Greens Green Apple (Order in qty of 6 - \$1.99 ea.)	6 units / 3 servings	52709	764934527094	6	11.94	3.29 ea.
Best of Greens Green Apple	30 servings (79 g)	52710	764934527100	12	14.63	24.38
Best of Greens Green Apple	60 servings (158 g)	52711	764934527117	12	22.60	37.67



**Pure Planet's Organic Best of Greens** is a synergistic blend of premium organic green superfoods. It includes the best of the cruciferous vegetables, the best of the sea vegetables, a variety of the most premium cereal grass powders and the finest microalgae. Each of the ingredients contains beneficial phyco- or phyto-nutrients and was included for its exceptional purity and potency. Best of Greens is also available in Organic Lemon or Organic Green Apple flavor.

**Why we offer Best of Greens:** Green plants have the widest variety of Earth elements in the form of minerals, vitamins, enzymes and important antioxidants, along with the widest variety of nutrients. Green plants alkalize, oxygenate, and nourish, making them an extremely important part of vegetarian and omnivorous lifestyles alike.

**Interesting Facts:** Most Americans overestimate their consumption of deep green leafy vegetables by a factor of 3. Most Americans actually do not get the recommended 5 servings of green vegetables each day and, as a result, many suffer from green food nutrient deficiencies.

Spirulina is the most nutrient dense food on Earth, containing true marine omega-3 fatty acids (typically found in fish), vegetarian vitamin B12, an abundance of beta carotene, a powerful pigment called "phycocyanin," as well as an impressive 60% pure vegan protein.

Chlorella is the fastest replicating single cell organism on the planet and contains an unique RNA (Ribonucleic Acid) that normalizes and regulates cell growth, it also removes dioxins and heavy metals.

Cruciferous (from the Latin word "cruX" meaning "cross") vegetables are the most valuable of all garden variety vegetables and are recognizable by the crisscrossing of the ribs in their leaves.

Sea Vegetables naturally contain iodine, which stimulates an underactive thyroid and helps to reduce stress at the cellular level.

Alfalfa's root nodules have a symbiotic relationship with the bacteria *Sinorhizobium melloti* which has the ability to "fix nitrogen" no matter the amount available in the soil (and to increase the amount of nitrogen in the soil).

**History:** In the early 1900s, the US Department of Agriculture determined that cereal grasses like barley grass, wheatgrass and oat grass contained every nutrient necessary to sustain human life when harvested at the pre-jointing of their growth.

Alfalfa was known as the "Father of All Foods" because it can live 20 years and its roots can stretch 40 feet into the Earth's crust, drawing vital minerals. Organic farmers refer to alfalfa as "green manure."

The mass cultivation of spirulina and chlorella was perfected by the Japanese who saw them as important food sources for their country during the blockage of their island during World War II.

**Potential Benefits:** Best of Greens is the ideal vegetarian protein source and builds strong, lean muscle. Its high quality omega-3 fatty acid profile means it supports nerve endings and organ health as well as the brain. Best of Greens helps to increase red blood cell counts and may reverse anemia as well as support eye health, boost immunity, increase the uptake of oxygen and the elimination of heavy metals and dioxins and neutralize toxic acids. Best of Greens provides a wide variety of green vegetable nutrients and helps insure that everyone who uses it gets the greens they need on a daily basis.

**How it is made:** The ingredients in the Best of Greens are selected for their premium quality and purity and are minimally processed. They are tested, weighed, bottled and distributed directly to the store from our organic, kosher, and GMP certified processing facility in Long Beach, California.