



## Heirloom Wheatgrass

The Ultimate Heirloom Wheatgrass

Among nature's most potent leafy green vegetables are the cereal grasses, unique plants that are so packed with a broad spectrum of nutrition that they are sometimes referred to as nature's multivitamin. Our Heirloom Wheatgrass contains non-pasteurized cereal grass juice powders, grown in organic soil, from organic seeds, using organic methods. Cultivated in the clear fresh air of high altitudes, exposed to intense sunlight which stimulates exceptional nutrient content, our farm-grown grasses allow deep roots to absorb more minerals, which are then absorbed by you.

- USDA Certified Organic powder†
- Certified Kosher by Organized Kashrus Laboratories
- Antioxidants and digestive enzymes with potential anti-aging properties
- Free of yeast, soy, corn, maltodextrin, fillers, brown rice sweeteners, additives or added sugar.

**SUGGESTED USE FOR POWDER:** Take ½ level tsp with 8 oz of water one or two times a day. To avoid rapid detoxification, begin taking ½ tsp, and slowly increase to 1 – 3 tsp daily.

**SUGGESTED USE FOR CAPSULES:** Take 3 capsules with 8 oz of water 1 – 2 times per day.

**INGREDIENTS:** Organic Kamut Khorasan Wheat Grass Juice Powder, Organic Alfalfa Leaf Juice Powder.



PRODUCT NAME	CODE	UPC/BARCODE	UNIT SIZE
Organic Heirloom Wheatgrass	52692	764934526929	45g powder
Organic Heirloom Wheatgrass	52688	764934526882	90g powder
Heirloom Wheatgrass	52693	764934526936	240 vcap

† refers to powder only



## Choco-Mint Spirulina

Great for Endurance

Spirulina is nature's most nutrient-dense food. It is one of the richest, whole-food sources of vegetarian protein, chlorophyll, essential amino acids, antioxidants, and vitamins. We have combined it with cocoa, carob, and mint to give it a unique and delicious flavor. We recommend combining this product with our Rice Bran Solubles to support weight loss.

- May support healthy immune function
- Can help increase endurance and stamina
- This product is especially great for athletes!
- May reduce cravings and appetite
- Can promote healthy cardiovascular function
- Contains high levels of beta carotene

**SUGGESTED USE:** Mix 3 teaspoons into 6-8 oz of purified water or juice and drink once or twice daily.

**INGREDIENTS:** Organic Certified Spirulina, Organic Certified Cocoa, Organic Certified Carob, Organic Certified Peppermint Leaf, Organic Certified Stevia, Natural Chocolate Flavor, Organic Certified Acacia Gum, Organic Certified Guar Gum, Xanthin Gum, Lo Han Guo Berry Extract.



PRODUCT NAME	CODE	UPC/BARCODE	UNIT SIZE
Choco-Mint Spirulina Organic	88380	091401883804	188g/30 serv
Choco-Mint Spirulina Organic	88383	091401883835	18.75g/3 serv
Choco-Mint Spirulina Organic	88384	091401883842	93.75g/15 serv
Choco-Mint Spirulina Organic	88385	091401883839	2.5kg/400 serv



## 100% Premium California Grown Spirulina

The Superior Blue-Green Algae

Spirulina is nature's multi-vitamin and has been widely regarded as nature's most complete nutrient source. Pure Planet Spirulina is a rich, whole-food source of vegetarian protein, chlorophyll, essential amino acids, antioxidants, and vitamins. It contains an abundant amount of phycocyanin, a unique, blue-green pigment that may support healthy immune function. We recommend combining Spirulina with our Rice Bran Solubles for a smooth taste.

- Can help increase endurance and stamina
- Is a rich source of carotenoids
- May reduce cravings and appetite
- May support healthy immune function
- Can help promote healthy cholesterol levels and cardiovascular function

**SUGGESTED USE:** Mix one rounded tbsp (10 g) per day with purified water or your favorite juice or smoothie. Or take 6-20 capsules daily.

**INGREDIENTS:** California grown Spirulina.

**OTHER INGREDIENTS FOR CAPSULES:** vegetarian capsules.



PRODUCT NAME	CODE	UPC/BARCODE	UNIT SIZE
Spirulina	88340	091401883408	100 vcap
Sp irulina	86341	091401863417	200 vcap
Spirulina	88356	091401883569	4oz powder
Spirulina	86351	091401863516	8oz powder
Spirulina	86352	091401863523	1 lb powder
Spirulina	86354	091401863545	2.5kg powder

RD0316 ITEM: PPGBROCHURE



GREENS  
FROM LAND & SEA



## Organic Best of Greens

All The Best from Land and Sea

Organic Best of Greens™ is a synergistic blend of super foods from both land and sea. Each ingredient contains valuable phyto-nutrients and was selected for its purity and potency. We recommend including Organic Best of Greens™ and Best of Fruit™ in your daily health regimen for comprehensive nutritional support.

- Is a great source of chlorophyll
- May support healthy immune function
- Can help balance pH levels
- May support increased energy
- Can increase mental acuity

**SUGGESTED USE:** Mix 1 teaspoon (2.5g) with 6 ounces of purified water or juice\* twice per day. We recommend drinking this on an empty stomach.

**INGREDIENTS:** Organic Cereal Grass Blend (contains Organic Wheatgrass Juice Powder, Organic Barley Grass Juice, Organic Oat Grass Juice), Organic Alfalfa Juice, Organic Cruciferous Vegetable Blend (contains Organic Broccoli, Organic Cabbage, Organic Parsley, Organic Kale, Organic Dandelion Greens), Organic Algae Blend (contains Organic Spirulina, Organic Chlorella), Organic Sea Vegetable Blend (contains Organic Kelp, Organic Dulse), Organic Broccoli Sprouts.

**OTHER INGREDIENTS FOR TASTY GREEN APPLE:** Natural Flavoring Proprietary Blend (Natural Apple Flavor, Organic Stevia Extract, Lo Han Guo Extract).

**OTHER INGREDIENTS FOR SWEET LEMON:** Natural Flavoring Proprietary Blend (Natural Lemon Flavor, Organic Stevia Extract, Lo Han Guo Extract).



PRODUCT NAME	CODE	UPC/BARCODE	UNIT SIZE
Best of Greens	52703	764934527032	150g/60 serv
Best of Greens Sweet Lemon	52706	764934527063	8g/3 serv
Best of Greens Sweet Lemon	52707	764934527070	79g/30 serv
Best of Greens Sweet Lemon	52708	764934527087	158g/60 serv
Best of Greens Tasty Green Apple	52709	764934527094	8g/3 serv
Best of Greens Tasty Green Apple	52710	764934527100	79g/30 serv
Best of Greens Tasty Green Apple	52711	764934527117	158g/60 serv



# RECIPE

## Green & Groovy Smoothie (makes 2 servings)

### Ingredients:

Bananas, Mango or Papaya or mix of each  
 2–2 ½ Cups Unfiltered Organic Apple Juice  
 1 Tbsp. Pure Planet Activated Barley  
 1 Tbsp. Pure Planet Rice Bran Solubles  
 1 Tbsp. Pure Planet Organic Tropic Oil  
 5 Grams Pure Planet Premium Spirulina  
 1 Cup Pineapple Juice  
 2 Rounded Tbsp. (2 scoops) Pure Planet Best of Greens  
 and Ice.

### Instructions:

1) Combine all ingredients in blender or food processor until smooth.



## Cracked Cell Chlorella The Anti-Aging Green Food

Pure Planet's Cracked Cell Chlorella is cultivated in a controlled outdoor environment in ponds filled with mineral-rich water. Our easily-digestible tablets and powder are a great addition to any cleansing regimen. We recommend combining it with any of our green foods for a smoother taste and added nutritional benefits.

- Can help break down heavy metals
- Is nature's richest whole-food source of chlorophyll
- May help decrease plaque buildup in arteries
- May support healthy cholesterol levels

**SUGGESTED USE:** Take fifteen tablets (3g) per day or take one rounded teaspoon (3g) of the powder mixed with juice, purified water or blended with a smoothie.

**INGREDIENTS:** Chlorella Powder.



PRODUCT NAME	CODE	UPC/BARCODE	UNIT SIZE
Cracked Cell Chlorella	88500	091401885006	300tb
Cracked Cell Chlorella	88501	091401885013	600tb
Cracked Cell Chlorella	88502	091401885020	4oz powder
Cracked Cell Chlorella	88503	091401885037	1lb powder



## Just Barley

Nature's Organic Nutrition Support

Pure Planet's organic Just Barley™ is grown in pristine fields and nourished with water from mineral springs to ensure it has nature's maximum nutritional input. It contains highly assimilable chlorophyll, which is important for total nutrition. We recommend combining it with our Rice Bran Solubles™ for an extra smooth taste and added nutritional benefit.

- Can help maintain healthy cholesterol levels
- Is great for natural cleansing
- May support healthy blood sugar levels when taken between meals
- Just Barley is certified by the Diabetic Resource center

**SUGGESTED USE:** Take 1 scoop (2 tsp) once or twice daily on an empty stomach. Best when mixed with purified water or alkaline juices. Do not mix with hot beverages.

**INGREDIENTS:** Organic Barley Grass Juice Powder.



PRODUCT NAME	CODE	UPC/BARCODE	UNIT SIZE
Just Barley Grass Juice Organic	52689	764934526899	80g powder
Just Barley Grass Juice Organic	52690	764934526905	40g powder
Just Barley Grass Juice	52691	764934526912	180 vcap

† refers to powder only